Morning Prayer

7 October 2021

# INTRODUCTORY RITES

## Introductory Verse

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son and to the Holy Spirit,

as it was in the beginning, is now, and ever shall be,

world without end.

Amen. Alleluia.

## Morning Hymn

### Darkness Has Faded

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# PSALMODY

## First Psalm

Psalm 62 (63): 2-9

**A soul thirsting for God**

*Let the man who has put away the deeds of the night watch for God.*

*Antiphon:* Jesus, who is called Christ, was born of Mary.

O God, you are my God, for you I long;

for you my soul is thirsting.

My body pines for you

like a dry, weary land without water.

So I gaze on you in the sanctuary

to see your strength and your glory.

For your love is better than life,

my lips will speak your praise.

So I will bless you all my life,

in your name I will lift up my hands.

My soul shall be filled as with a banquet,

my mouth shall praise you with joy.

On my bed I remember you.

On you I muse through the night

for your have been my help;

in the shadow of your wings I rejoice.

My soul clings to you;

your right hand holds me fast.

Glory be to the Father and to the Son and to the Holy Spirit,

as it was in the beginning, is now, and ever shall be,

world without end.

Amen.

*Antiphon:* Jesus, who is called Christ, was born of Mary.

## OT Canticle

Daniel 3:57-88,56

**Let every creature praise the Lord**

*Praise our God, all you his servants. (Rev 19:5).*

*Antiphon:* We give thanks to the Lord, with you, our Mother: as he was dying he gave us into your care.

O all you works of the Lord, O bless the Lord.

To him be highest glory and praise for ever.

And you, angels of the Lord, O bless the Lord.

To him be highest glory and praise for ever.

And you, the heavens of the Lord, O bless the Lord.

And you, clouds of the sky, O bless the Lord.

And you, all armies of the Lord, O bless the Lord.

To him be highest glory and praise for ever.

And you, sun and moon, O bless the Lord.

And you, the stars of the heavens, O bless the Lord.

And you, showers and rain, O bless the Lord.

To him be highest glory and praise for ever.

And you, all you breezes and winds, O bless the Lord.

And you, fire and heat, O bless the Lord.

And you, cold and heat, O bless the Lord.

To him be highest glory and praise for ever.

And you, showers and dew, O bless the Lord.

And you, frosts and cold, O bless the Lord.

And you, frost and snow, O bless the Lord.

To him be highest glory and praise for ever.

And you, night-time and day, O bless the Lord.

And you, darkness and light, O bless the Lord.

And you, lightning and clouds, O bless the Lord.

To him be highest glory and praise for ever.

O let the earth bless the Lord.

To him be highest glory and praise for ever.

And you, mountains and hills, O bless the Lord.

And you, all plants of the earth, O bless the Lord.

And you, fountains and springs, O bless the Lord.

To him be highest glory and praise for ever.

And you, rivers and seas, O bless the Lord.

And you, creatures of the sea, O bless the Lord.

And you, every bird in the sky, O bless the Lord.

And you, wild beasts and tame, O bless the Lord.

To him be highest glory and praise for ever.

And you, children of men, O bless the Lord.

To him be highest glory and praise for ever.

O Israel, bless the Lord, O bless the Lord.

And you, priests of the Lord, O bless the Lord.

And you, servants of the Lord, O bless the Lord.

To him be highest glory and praise for ever.

And you, spirits and souls of the just, O bless the Lord.

And you, holy and humble of heart, O bless the Lord.

Ananias, Azarias, Mizael, O bless the Lord.

To him be highest glory and praise for ever.

Let us praise the Father, the Son and Holy Spirit:

To you be highest glory and praise for ever.

May you be blessed, O Lord, in the heavens:

To you be highest glory and praise for ever.

*Antiphon:* We give thanks to the Lord, with you, our Mother: as he was dying he gave us into your care.

## Second Psalm

Psalm 149

**The song of joy of the saints**

*The members of the Church, God's new people, will rejoice in their king, who is Christ (Hesychius).*

*Antiphon:* The Virgin Mary is exalted high above the choirs of angels; on her head is a crown of twelve stars.

Sing a new song to the Lord,

his praise in the assembly of the faithful.

Let Israel rejoice in its Maker,

let Zion's sons exult in their king.

Let them praise his name with dancing

and make music with timbrel and harp.

For the Lord takes delight in his people.

He crowns the poor with salvation.

Let the faithful rejoice in their glory,

shout for joy and take their rest.

Let the praise of God be on their lips

and a two-edged sword in their hand,

to deal out vengeance to the nations

and punishment on all the peoples;

to bind their kings in chains

and their nobles in fetters of iron;

to carry out the sentence pre-ordained:

this honour is for all his faithful.

Glory be to the Father and to the Son and to the Holy Spirit,

as it was in the beginning, is now, and ever shall be,

world without end.

Amen.

*Antiphon:* The Virgin Mary is exalted high above the choirs of angels; on her head is a crown of twelve stars.

# WORD OF GOD

## Reading

Cf. Isaiah 61:10

I will greatly rejoice in the Lord, my soul shall exult in my God; for he has clothed me with the garments of salvation, he has covered me with the robe of righteousness, as a bride adorns herself with her jewels.

## Period of Silence and Responsory

Hail Mary, full of grace: the Lord is with you.  
 *– Hail Mary, full of grace: the Lord is with you.*  
 You are most blessed of all women and blessed is the fruit of your womb.  
 *– Hail Mary, full of grace: the Lord is with you.*  
 Glory be to the Father and to the Son and to the Holy Spirit.  
 *– Hail Mary, full of grace: the Lord is with you.*

# PRAISE AND INTERCESSION

## Canticle of Zechariah

*Antiphon:* Blessed Mother, and pure Virgin, renowned queen of creation, may all who keep your festival experience the power of your intercession.

Blessed be the Lord, the God of Israel!

He has visited his people and redeemed them.

He has raised up for us a mighty saviour

in the house of David his servant,

as he promised by the lips of holy men,

those who were his prophets from of old.

A saviour who would free us from our foes,

from the hands of all who hate us.

So his love for our fathers is fulfilled

and his holy covenant remembered.

He swore to Abraham our father to grant us,

that free from fear,

and saved from the hands of our foes,

we might serve him in holiness and justices

all the days of our life in his presence.

As for you, little child,

you shall be called a prophet of God,

the Most High.

You shall go ahead of the Lord

to prepare his ways before him,

To make known to his people their salvation

through forgiveness of all their sins,

the loving-kindness of the heart of our God

who visits us like the dawn from on high.

He will give light to those in darkness,

those who dwell in the shadow of death,

and guide us into the way of peace.

*Antiphon:* Blessed Mother, and pure Virgin, renowned queen of creation, may all who keep your festival experience the power of your intercession.

## Intercessions

Let us proclaim the greatness of our Saviour who chose to be born of the Virgin Mary. Confident that he will hear us, we ask:

R. *Lord, may your mother pray for us.*

Saviour of the world, by your redemptive power you preserved your mother Mary from every stain of sin; deliver us from the evil that lies hidden in our hearts.

R. *Lord, may your mother pray for us.*

Christ our Redeemer, you made the Virgin Mary the sanctuary of your presence and the temple of the Spirit; make us bearers of your Spirit, in mind, heart and body.

R. *Lord, may your mother pray for us.*

Eternal Word, you taught your mother Mary to choose the part that was best; let us follow her example and hunger for the food of everlasting life.

R. *Lord, may your mother pray for us.*

King of kings, you assumed Mary into heaven to be with you completely in body and soul; may we seek the things that are above and keep our lives fixed on you.

R. *Lord, may your mother pray for us.*

King of heaven and earth, you placed Mary at your side to reign as queen for ever; grant us the joy of sharing in your glory.

R. *Lord, may your mother pray for us.*

## Lord's Prayer

As sons and daughters of a loving God, we pray in the confident words of his Son:

**Our Father who art in heaven,**

**hallowed be thy name;**

**thy kingdom come;**

**thy will be done**

**on earth as it is in heaven.**

**Give us this day our daily bread,**

**and forgive us our trespasses,**

**as we forgive those who trespass against us,**

**and lead us not into temptation**

**but deliver us from evil.**

## Concluding Prayer

Lord, open our hearts to your grace.

May we, who learned to believe,

through the angel's message,

in the incarnation of Christ your Son,

be brought by his passion and cross,

at the intercession of the Blessed Virgin Mary,

to the glory of his resurrection.

Who lives and reigns with you in the unity of the Holy Spirit,

God for ever and ever.

Amen.

# CONCLUDING RITE

## Blessing and Dismissal

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

Amen.

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